

NSOFD RUN-WALK COURSE RECORDS

Distance	Time	Year	Name	City
10K Run-Male	34:14.5	2017	Bobby Thompson	Crawfordsville, IN
10K Run-Female	39:02.3	2013	Wendy Robinson	Danville, IN
5K Run-Male	16:23.8	2017	Mike Cole	Zionsville, IN
5K Run-Female	19:11.6	2016	Erin Toothman	Avon, IN
5K Walk-Male	25:25.6	2015	Vince Lorenz	Russiaville, IN
5K Walk-Female	36:12.1	2017	Mary Miller	Bunker Hill, IN