

**Waiver and Release** - In consideration of the foregoing, I, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the sponsors, organizers, North Salem Old Fashion Days Festival Committee, Town of North Salem, IN, their employees, contractors, volunteers for any and all claims of damages, demands or loss actions whatsoever which may arise as a result of my participation in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I also understand the unique nature of this run/walk event. Further, I grant full permission to any and all of the foregoing to use my likeness for any legitimate purpose whatsoever.

I understand and agree to the waiver and release.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ 2015

Parent's Signature if runner is under 18: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ 10KRun: \_\_\_\_\_ 5K Run: \_\_\_\_\_

Name: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_ Shirt Size: M L XL (circle one)

Email: \_\_\_\_\_

Make checks payable to: OLD FASHION DAYS, INC.  
Mail by August 28, 2014 TO: 10K Run, P.O. Box 47, Danville, IN 46122  
For inquiries contact: Dick Whicker, Race Director 317-650-9677 or Dick.Whicker@gmail.com

Old Fashion Days, Inc.  
10K/5K Run & 5K Walk  
c/o Dick Whicker  
P.O. Box 47  
Danville, IN 46122

# North Salem Old Fashion Days

## Labor Day Weekend

### 2015

### Our 30th Annual

**10K/5K Run  
5K Walk  
Registration Form**

**Labor Day  
Sept. 7th, 2014  
8:00 a.m.**

## NORTH SALEM OLD FASHION DAYS LABOR DAY WEEKEND

**Sept. 5th, 6th & 7th, 2015**

The Run/Walk is always one of the favorite events of the Festival and will be held Labor Day, Sept. 7th. Also, during the festival there will be craft and antique vendors, live entertainment, and the ever famous bed race.

### LOCATION

North Salem, Indiana is located approximately 20 miles west of Indianapolis at the intersection of SR 236 and SR 75.

### PRE-REGISTERED FEE

Pre-registration fee is \$20.00 for both runners and walkers. All pre-registrations, on-line or mail-in, must be received by August 28th. All registrations after August 28th and day-of-race fee will be \$25.00.

For online registration go to [www.NorthSalemOldFashionDays.com](http://www.NorthSalemOldFashionDays.com), click on Downloads at the top of the page, and then scroll down and click Online Race Signup.

Also, a **FREE BREAKFAST** will be given to **ALL** registered runners and walkers (Must present valid meal ticket) at: North Salem United Methodist Church, Participating Food Vendors  
Liz's Country Café

T-shirt included but due to lead time on shirts, only registrations received by August 23rd will be guaranteed shirt and shirt size. Registrations after this date shirts will be on a first come, first served basis with no guarantee on shirt and/or size.

## RACE DIVISIONS FOR 10K/5K RUN

MALE or FEMALE
18 and under
19 to 24
25 to 29
30 to 34
35 to 39
40 to 44
45 to 49
50 to 54
55 to 59
60 +

Awards will be given to overall winners and winners of each age group.

### 5K WALK

The 5K Walk will be on your honor. If you jog and walk then you need to enter the 5K Run. Awards to Overall Male/Female Winners, No Age Group Awards.

### TIMES

Check-In and Registration  
6:30 - 7:30 a.m.  
Race begins - 8:00 a.m.

Event is electronically timed.

Awards will be presented immediately following the race.

## COURSE

The race/walk will start and finish in the center of North Salem at the Old Fashion Days MC Stand. The course is out-and-back on lightly traveled, well-marked country roads. This is a challenging course with moderate to difficult hills. There will be water stations. Restrooms are available at the start and finish.

