

I hereby, for myself, my heirs, executor, and administrators, waive and release any claim from damages that I have against Old Fashion Days, Inc., the organization, and sponsors for any and all injuries incurred by me during or because of the race or walk.

Signature: _____ Date: _____

Parent's Signature if runner is under 18: _____

Age: _____ Sex: _____ 10K Run: _____ 5K Walk: _____

Name: _____

Street: _____ City: _____ St: _____ Zip: _____

Phone: () _____ Shirt Size: M L XL (circle one)

email: _____

Make checks payable to: OLD FASHION DAYS, INC.
Mail by August 22, 2009 TO: 10K Run, P.O. Box 47, Danville, IN 46122
For inquiries contact: Dick Whicker, Chairman 317-460-9800 dick.whicker@gmail.com

Old Fashion Days, Inc.
10K Run & 5K Walk
c/o Dick Whicker
P.O. Box 47
Danville, IN 46122

North Salem Old Fashion Days

Labor Day Weekend

2009

**10K Run
5K Walk
Registration Form**

**Labor Day
Sept. 7, 2009
8:00 a.m.**

NORTH SALEM OLD FASHION DAYS LABOR DAY WEEKEND

September 5th, 6th, & 7th

The 10K race is a highlight of the festival that will be Labor Day, September 7th. Also, during the festival there will be craft and antique vendors, live entertainment, and the ever famous bed race.

LOCATION

North Salem, Indiana is located approximately 20 miles west of Indianapolis at the intersection of SR 236 and SR 75.

PRE-REGISTERED AND RACE DAY FEE

Registration fee is \$18.00 for both runners and walkers. Pre-registration entry forms must be postmarked by Saturday, August 22nd, 2009.

Also, a **FREE BREAKFAST** will be given to the first 100 pre-registered runners and walkers.

Courtesy of:

North Salem Methodist Church
and
Old Fashion Days Committee

A FREE T-shirt will be guaranteed to all runners and walkers.

(Shirt sizes first come first serve)

RACE DIVISIONS FOR 10K RUN

MALE

18 and under
19 to 24
25 to 29
30 to 34
35 to 39
40 to 44
45 to 49
50 to 54
55 to 59
60 +

FEMALE

18 and under
19 to 24
25 to 29
30 to 34
35 to 39
40 to 44
45 to 49
50 to 54
55 to 59
60 +

Awards will be given to overall winners and winners of each age group.

5K WALK

The 5K Walk will be on your honor. If you jog and walk then you need to enter the 10K Run.

TIMES

Check In and Registration

6:30 - 7:30 a.m.

Race begins - 8:00 a.m.

Awards will be presented immediately following the race.

COURSE

The race/walk will start and finish in the center of North Salem at the Old Fashion Days MC Stand. The course is on lightly traveled, well-marked country roads. This is a challenging course with moderate to difficult hills. There will be several water stations. Restrooms are available at the start and finish.

